

A safety kit for your winter car

- A case of 6 to 12 water bottles
- High-protein snacks that are guaranteed to keep you full, such as beef jerky, protein bars or a nut mix
- Extra sets of gloves, wool socks and a pair of waterproof boots
- A couple packs of hand warmers and insulated thermal blankets
- Portable phone chargers
- Flashlights
- Gas can
- Ice melt to help remove snow and ice from your tires
- Cat litter to help with tire traction
- A list of emergency numbers, such as the number for AAA or a trusted tow truck provider